



LYNX GYMNASTICS CENTRE

Birthday Party

HELPFUL GUIDE

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Thank you for choosing the Lynx Gymnastics Centre for your child's Birthday Party. We have created this helpful guide with information that we feel will help your party run smoothly.

Here's what our helpful guide includes:

- Helpful information about your Party
- Frequently asked questions.
- A Party Checklist.

Your birthday Party at Lynx Gymnastics Centre includes:

- One hour PRIVATE HIRE of our Gymnastics Centre.
- 45 minutes in our Party room for your guests.
- An extra 15 minutes in our Party Room to clean and tidy.
- Two qualified coaches to supervise the Party, one Coach will be a qualified First Aider.
- The full use of the gym including Bouncy Castle, Soft Play and an Assault Course.
- 25 children minimum.
- 15 extra children can be booked at £6 per child.
- If you're an official member and attend our Classes you will get members discount at £185.
- Non members priced at £195.

Your Party Room incudes:

- A small fridge and freezer.
- A sink and kitchen worktop.
- A working kettle and microwave.
- A box of cleaning products.
- Tables and chairs.
- Blank canvas room.



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How is the Party run?

On arrival you're room upstairs will be ready for you, you are welcome to go upstairs and begin setting up for your Party.

We ask that all guests attending wait in our waiting area, place all shoes in our lockers and ensure long hair is tied up and no jewelery is being worn. Please do not let the children enter into the gym.

When it's time for your Party to begin, our coaches will welcome all the children in and go through some safety rules. It's so important we ensure everyone is having fun and being safe when they attend your Party.

The Party set up is similar to a Play Session, the children will have full access to all the equipment and the coaches will be there to help keep everyone safe. If the party has younger children (0-5years) don't hesitate to ask the staff for the swing to be put out, we are happy to accomdate and cater to every age group.

At the end of your Party our staff will ask if you would like to sing Happy Birthday before going upstairs.

IMPORTANT!

At the end of your Party, all children will be required to put on their shoes and take all belongings upstairs with them, this will stop any lost property during the party crossover.

You'll then head upstairs to enjoy your food. At the end of your allocated time one of our coaches will come up to ensure the party is clean and tidy ready for the next customer.

(Please note we are a children's charity, therefore all rubbish must be taken with you.)

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Frequently asked questions:

'How early can I arrive to set up for the Party?'

- You can arrive 15 minutes before the party begins to set up in one of our party rooms. Please note you will only have access to your room and the middle area. The other room is not available for use.

'Can I choose which Party Room I want?'

- Unfortunately no, these are scheduled throughout the day to alternate.

'Can we decorate the room?'

- Yes you may, however we do ask all customers to please refrain from using sellotape on our walls. You have around 9 tables in your party room and can move these as long as they are returned to the original set up.

'Does the Party Room have music?'

- Not yet, this is something we are fundraising for. You are more than welcome to bring your own system.

'Do you supply utensils for the Party Room?'

- We have some jugs located under the sink, however we do recommend every customer to bring their own to avoid any disappointment.

'Can we have more adults?'

- Yes, if you feel more comfortable having more adults we are more than happy to allow that at no extra cost. All we ask is that adults can wear face masks and follow the safety instructions. Adults can play on the equipment apart from the Bars.

'Do we have to clean our room, and what do we do with our rubbish?'

- Yes, you are required to clean your room. And unfortunately we are a children's charity so we get charged for all waste disposal. You will be required to take all your rubbish with you.

'Is the cafe open and can you provide food?'

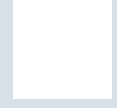
- Unfortunately the cafe is closed, and we do not provide food. However some Parties will order food in from another company. If you do happen to do this, please ensure that the food arrives within your timeslot.

'Can I book two hours, and does the price change if we have less than 25?'

- Unfortunately no, we only have 1 hour booking slots and the price is set whether you have 25 or less.

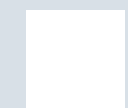
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Send out invitations

- Don't forget to send out your invitations to let all your friends know that you're having the best Party ever!



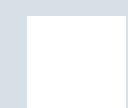
Prepare your day

- Organise your decorations for the Party Room.
- Organise the food for the Party.
- Create an RSVP list so we know who is coming. Bring music system for the Party Room.
- Bring utensils for the Party Room.



Add on extra children

- Call or email Lynx Gym the Friday before the Party to book any extra children onto the Party Booking.



BREATHE! It's ready to Party!

- We hope you have a lovely Party at Lynx Gym, don't be afraid to ask the coaches if you require any help, we are more than happy to help.